**What is claimed is:**

1. A composition for treating fabrics, characterized by:

a) a fabric shrinkage reducing composition selected from the group consisting of ethylene glycol, all isomers of propanediol, butanediol, pentanediol, hexanediol and mixtures thereof, and more preferably selected from the group consisting of neopentyl glycol, polyethylene glycol, 1,2-propanediol, 1,3-butanediol, 1-octanol and mixtures thereof; and

b) a liquid cleaning/refreshment composition;

wherein the fabric shrinkage reducing composition and the liquid cleaning/refreshment composition are releasably absorbed in a substrate in a weight ratio of from 1:2 to 1:5, preferably from 1:2 to 1:4, more preferably from 1:3 to 1:4, and most preferably 1:3.6.

2. The composition according to claim 1, wherein the cleaning/refreshment composition comprises water and a member selected from the group consisting of surfactants, perfumes, preservatives, bleaches, auxiliary cleaning agents, organic solvents and mixtures thereof, preferably the organic solvents are glycol ethers, more preferably the organic solvents are selected from the group consisting of methoxy propoxy propanol, ethoxy propoxy propanol, propoxy propoxy propanol, butoxy propoxy propanol, butoxy propanol and mixtures thereof.

3. The composition according to any of claims 1-2, wherein the cleaning/refreshment composition comprises water and a surfactant.

4. The composition according to any of claims 1-3, wherein the surfactant is a nonionic surfactant, preferably an ethoxylated alcohol or ethoxylated alkyl phenol.

5. An overall non-immersion cleaning/refreshment process for treating a fabric characterized by the overall steps of:

(a) placing the fabric together with a substrate in a containment bag;

(b) placing the bag in a hot air clothes dryer, or the like apparatus, and operating said apparatus with heat and tumbling; and

(c) removing the fabric from the bag; and

wherein releasably absorbed in the substrate is:

(i) a fabric shrinkage reducing composition selected from the group consisting of ethylene glycol, all isomers of propanediol, butanediol, pentanediol, hexanediol and mixtures thereof, and more preferably selected from the group consisting of neopentyl glycol, polyethylene glycol, 1,2-propanediol, 1,3-butanediol, 1-octanol and mixtures thereof; and

(ii) a liquid cleaning/refreshment composition; and

further, wherein the fabric shrinkage reducing composition and the liquid cleaning/refreshment composition are present in a weight ratio of from 1:2 to 1:5, preferably from 1:2 to 1:4, more preferably from 1:3 to 1:4, and most preferably 1:3.6.

6. A process according to any of claims 1-5, wherein vapors are vented from the bag during step (b).

7. A process according to any of claims 1-5, wherein the fabric has a first side and a second side and further characterized by the steps of:

(a) applying a spot cleaning composition from a dispenser to a discrete stained area of the first side of the fabric;

(b) concurrently or consecutively with Step (a), contacting the first side of the fabric adjacent the stained area with a treatment member; and

(c) contacting the second side of the fabric adjacent the stained area with an absorbent stain receiving article.

8. A kit, characterized by:

(a) multiple substrates with the fabric shrinkage reducing composition and the liquid cleaning/refreshment composition according to any of claims 1-7 releasably absorbed therein;

(b) a re-usable containment bag;

(c) optionally, a treatment member;

(d) optionally, a separate portion of a spot cleaning composition;

(e) optionally, one or more absorbent stain receiver articles.

9. The kit according to any of claims 1-8, wherein the separate portion of the spot cleaning composition is provided in a container, and the treatment member is the tip of the container.

10. A sheet which is specifically adapted to clean and/or refresh fabrics in a hot air clothes dryer, characterized by:

(a) a substrate;

(b) from 10 grams to 30 grams of a liquid cleaning/refreshment composition characterized by at least 80%, preferably at least 90% and most preferably at least 95%, by weight, of water releasably absorbed in the substrate;

(c) from 2 grams to 20 grams of a fabric shrinkage reducing composition selected from the group consisting of ethylene glycol, all isomers of propanediol, butanediol, pentanediol, hexanediol and mixtures thereof, and more preferably selected from the group consisting of neopentyl glycol, polyethylene glycol, 1,2-propanediol, 1,3-butanediol, 1-octanol and mixtures thereof releasably absorbed in the substrate.